
Embracing the Dragon

DRACO Dragon Healing Symbols System™

With Michelle Harris | Michelle Harris International





INTRODUCTION

Thank you for joining this workshop on “**Embracing The Dragon,**” aimed at activating your Dragon and embodying its qualities.

In this workshop, you'll be guided to connect with Dragon energies to step into your True Power through a **4-Stage Process** I call ‘**CARE**’:

- Clarity
- Activation
- Release
- Embodiment

This workshop is an introduction to work with Dragon energy. For the past 25 years, I have channelled the Draco dragon star frequencies and Draco codes, creating the **DRACO Dragon Healing Symbols System™**. This healing system aims to shift individuals and humanity toward the next stages of our evolutionary process. These codes operate interstellar, creating multidimensional shifts as we anchor them into our collective awakening and transformation.

Draco is about the **Evolution of the Soul and Its Evolution Through Love©** and operates by the **Law of One**. This energy is familiar to me; I have worked with it in previous incarnations and am now ‘bringing it back’ as we transition into a new era.

Since the year 2000, I have channelled this pioneering **DRACO Dragon Healing Symbols System™**, initiating over 100 codes and anchoring them into the Earth plane to restore Oneness and Unity Consciousness. This system follows guiding principles of Higher Consciousness being seeded into our world as part of the Great Shift into the Golden Era.

I have received multiple accolades for this work and have taught and shared it with students and clients worldwide—from the USA to Canada, Australia, New Zealand, Asia, and Europe. If you’d like to learn more about this work, please reach out. You can also visit www.dracohealing.com.

Enjoy your introduction to the World of Dragon! Let’s create a more unified, loving world.

Michelle Harris

Channel and Creator of DRACO Dragon Healing Symbols System™
Master Healer & Teacher

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DRACO means DRAGON

Draco means Dragon, and through my channelling and experience with the **DRACO Dragon Healing Symbols System™**, it helps you to:

- **Discover your True Self**
- **Reclaim your Power**
- **Accept who you are**
- **Clear obstacles, limitations, and fears... and come to**
- **Oneness with Self and with All™**

There are many interpretations and myths surrounding Dragons, and much can be shared about dragon energy—there are multiple levels. For the purpose of this workshop, we will focus on a specific aspect of this energy and it will guide you to connect to your Dragon.

Why Dragon? Dragons can bring **Clarity, Connection, Confidence, and Change.**

They embody raw divine power and creative potential, serving as symbols of transformation, abundance, prosperity, wisdom, courage, strength, resilience, the ability to overcome challenges....and much more!

Everyone has their own interpretation of Dragons, but connecting with Dragon energy can lead to radical shifts in your life.

The intention of this workshop is to help you connect with an aspect of Dragon energy to shift blockages and step more fully into your True Power. This transformation impacts all areas of your life—personally and professionally—giving you the clarity and confidence to take the next steps and embrace your full potential.

Let's begin!

PART ONE: SELF-REFLECTION EXERCISE (for Clarity)

Find a quiet space to reflect and ask yourself:

- What is holding me back?
- What do I want to release?
- What are the blockages in my life?

Identify any fears, self-doubts, judgements and any other obstacles

Dig deeper:

- What is the root of my fear?
- Where does this fear originate?

Be open and honest with yourself as you explore these fears.

What do I want to embody?

- Power, Wisdom, Strength, Courage, Acceptance, Fearlessness, Abundance, Prosperity, Resilience, or other?

What do I want to achieve? What is my potential, personally and professionally? Dream big.

(Continue on more paper if need be)

PART TWO: MEET YOUR DRAGON GUIDED JOURNEY (for Activation, Release, Embodiment)

As you connect with your Dragon energy, you'll gain the confidence and clarity needed to take bold steps toward your future.

Follow the Guided Healing Journey: Meet Your Dragon by Michelle and answer the following:

Activation:

What does your Dragon look like? What is the colour or colours? Does it have a name?
What are the qualities it embodies?
What message does it have for you? How can this Dragon help you?

Further communicate with your Dragon for more clarity and ask it:

What do I need to work on personally or professionally?
Where should I direct my energy and focus?

Release

Ask your Dragon:

What is blocking me from moving forward?
What do I need to let go of?

What changes do I need to make within myself to move on?
How can I achieve this?

(See if this differs from what you identified in your self-reflection exercise.).

Dragon helps you release the blockages and fears. You can ask it to help you.

Embodiment

Imagine you are putting your hand on the heart of your Dragon to release the fears, and then ask to be given your own Empowerment Code or symbol.

Ask: How can this code/symbol help me?

Become one with your Dragon self and embrace the qualities it embodies. Look at your Empowerment Code often to embrace and anchor the energy.

Draw the symbol, here:

PART THREE: GROUND ACTION STEPS

What is the next step? Write down 3 action steps and schedule timelines to complete them.

Embrace Dragon energy to shift from Powerless to Empowered and see the magnificent changes in your life!

Reach out for further information on all workshops, training programs or classes, or to book in your private healing session, with Master Healer & Teacher Michelle Harris.

More About Michelle Harris

A trailblazer in empowerment, **Michelle Harris of Michelle Harris International** is a visionary leader and pioneer in healing. Her transformative work in Hong Kong and beyond has earned her global recognition as a leading influencer and changemaker. With nearly 30 years of experience, she is a multi-award-winning healer, bestselling author, and a revered voice in adult and youth well-being.

Michelle’s mission is to guide individuals from powerlessness to empowerment, bridging soul connection and activating self-mastery and self-leadership. Her inspirational journey, marked by overcoming trauma, depression, and self-doubt, fuels her passion for healing and mentoring others. This personal transformation has led to the development of innovative healing modalities, including her signature **DRACO Dragon Healing Symbols System™**—an “energy technology” system that integrates dragon energy light codes, self-awareness, and transformational energy healing on multiple levels for a holistic approach to well-being.

In 2021, Michelle established **The Empowerment School**, a soul education platform focused on teaching kids and teens how to access and embody their inner power and true selves. She has also created numerous empowering initiatives, such as the **Empowerment Dayfests**, uniting women and youth to explore conscious practices that promote self-love, empowerment, and resilience. Her workshops range from energy healing to self-leadership development, enabling participants to unlock their highest potential. Additionally, she fosters growth through well-being programs for schools and organizations. Michelle has

seeded and activated numerous communities, and promotes her higher **5 Core Life Principles™** to shift collective energy and raise humanity to its highest potential.

A two-time bestselling author, Michelle's pioneering work has achieved global recognition, with multiple awards honouring her contributions, including the **Gold Winner Personal Services Women Changing The World Global Award 2025, Hong Kong's Influential Women, Best Healer, Women of Wellness, Global Women of Influence Award 2024,** and **Global Women of Influence Hall of Fame 2025,** among others. These awards exemplify her significant impact on individuals and groups—especially in empowering women and youth—worldwide.

More here:

www.michelleharrisinternational.com

www.theempowermentschool.net

www.dracohealing.com

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